



Thursday 11 September 2025

Dear Parents / Carers

I am writing to you today to follow up on our previous communication at the end of last term regarding our school uniform and PE kit policy. We asked that if you were planning to have your daughter's ears pierced over the summer holidays, it had to be done at the very start of the break to allow sufficient time for the piercings to heal before the new school year began.

Despite this, we have found that a number of students have returned this term with new piercings that cannot be removed.

I must stress that this rule is in place for the health and safety of all our students. The Health and Safety Executive (HSE) strongly recommends the removal of all jewellery, including earrings and nose studs, for physical activity. The primary risks include tearing of the earlobe: Earrings can easily be caught by other students, clothing, or sports equipment during PE lessons, leading to painful and potentially serious injuries.

Our priority is to ensure a safe environment for all physical education. Therefore, I must reiterate that students are required to remove all earrings and nose studs before every PE lesson. Students who are unable to remove their piercings for any reason will unfortunately not be able to participate in the physical elements of the lesson. They will still be required to attend in kit, they will be given a theory-based task to complete or will be asked to assist in a task such as scoring or peer assessment.

Your cooperation in this matter is greatly appreciated. By working together, we can ensure that our PE lessons remain safe and enjoyable for everyone.

Thank you for your understanding

Yours sincerely

Mrs Sole-Bradley

Director of Sport

