



Tuesday 22 September 2026

Dear Parents and Carers,

This term we are pleased to be introducing a wellbeing assessment and tracking tool to our students called STEER Tracking.

Why are we introducing STEER Tracking?

It is very important to us at AHS that our students are able to thrive in our setting. Although we are always here to listen, sometimes students struggle to find the right words to tell us if things are a bit difficult. We don't want to wait until we see a downturn in their learning, friendships, behaviour or attendance. The earlier, we know, the sooner we can help. STEER Tracking is a wellbeing tool used by lots of schools to provide earlier support. It helps teachers know how their students are getting on, which students might need a little extra support in their learning, relationships and feelings, and suggests simple ways teachers and parents can help them.

What will students do?

Our students will complete a short online assessment up to three times each year. The assessment won't ask students direct questions about things like bullying, self-harm, anxiety or depression. We know that direct questions like these can unsettle some students, and lead others to mask or hide what they are really thinking or feeling. The STEER questions are much more positive. They measure how students are steering four areas that support their learning, relationships and mental health. Please click on the links below to find out more.

[Self Disclosure:](#) How much I share my thoughts and feelings, or keep them private

[Trust of Self:](#) How much trust or question what I think or do

[Trust of Others:](#) How much I trust or question what other people think or do

[Seeking Change:](#) How much I like I like to change things or keep them as they are

What will teachers do with students' responses?

After each assessment, our teachers will be able to notice students who may need a little help and support, and consider how they can guide them. For example, if a student never shares their

thoughts and feelings, their teacher may build in regular check-ins to find out how they are, and what they've been up to. If a student always trusts their own ideas, their teacher may encourage them to be more open to other people's ideas and opinions.

Why do students repeat the assessment?

Our students will complete the same assessment up to three times a year. They are growing and developing all the time, so we don't expect their STEER responses to stay the same. It is important to have up to date data so we are able to give the right student the right support at the right time. We also want to be able to see if our simple, but targeted actions have made a difference!

Will students get feedback?

Once our students are more familiar with STEER, they will receive an email giving them personal development feedback on their response to one of the STEER questions. This will highlight their strengths, along with a few ideas to support their learning, relationships and wellbeing.

If you have any questions, please do not hesitate to get in touch.

Kind regards,

Harriet Queralt

Deputy Headteacher (Pastoral) and Designated Safeguarding Lead