



Buckinghamshire Healthcare

NHS Trust

Buckinghamshire School Aged Immunisation Team
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www.buckshealthcare.nhs.uk/School-nursing

Oct 2025

Dear Parent/Carer

Your child's annual flu vaccination is due this Autumn

Aylesbury High School – Tuesday 9th December 2025

This year, all children in Years 7 to 11 can get the free flu vaccine at school.

Flu can make children very unwell and can cause chest infections, pneumonia, and ear infections.

Flu and other breathing illnesses spread a lot in Autumn and Winter. The vaccine helps protect your child from catching flu and staying healthy during these months.

Children can easily catch and pass flu to others, so getting the vaccine also helps protect babies and older people.

Most children don't feel any pain because the vaccine is given as a quick spray up the nose. Sometimes, the vaccine needs to be given as an injection in the muscle. If this is the case, we will always talk to parents or carers first.

You can also choose the injection if you don't want the nasal spray because it contains porcine gelatine, or if the nasal spray isn't suitable for your child.

If your child needs the injection, it can be given at school on the date mentioned.

If you want to be with your child when they get the injection, please call the immunisation team on 01494 323000 or email buc-tr.BucksChildImms@nhs.net.

How do I provide Consent for my child to receive the vaccine?

Please read the information in the Flu Leaflet [Child flu vaccine - NHS](#). It explains the flu vaccine and that some children might need a shot instead of the spray.

Click the link below to fill out the consent form and send it back as soon as you can — at least one full school day before the vaccination day. This helps us make sure your child can get the vaccine at school.

If your child doesn't get the vaccine at school, you can also take them to a community clinic nearby.

1. **Click** the link <https://www.buckschildimmunisations.co.uk/Forms/Flu>
2. **Enter** the Unique School Code EE136846
3. **Complete** the form (one per child). Please complete even if you are DECLINING the vaccination.

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You can find information about the flu vaccine and asthma, and what to do if you change your mind, below.

More details about all our vaccination programmes are at:
<http://www.buckshealthcare.nhs.uk/School-nursing/immunisations.htm>

If you need to contact us, please email: buc-tr.BucksChildImms@nhs.net

If you need help filling out the consent form, call the Immunisation Team on 01494 323000. We're happy to help!

Yours sincerely,
Buckinghamshire Immunisation Team

Further Information

Declining the Vaccination- If you do not want your child to have the flu vaccine, and don't want us to contact you again about it this school year, please fill out the consent form and choose NO consent.

Asthma or other illness – If your child has asthma and has any of the following in the 3 days (72 hours) before the school vaccination day, we might not be able to safely give the vaccine on that day:

- They have increased wheezing

and/or

- has increased the use of their blue inhaler

and/or

- they are currently taking or have been prescribed steroid tablets to control their asthma in the two weeks prior to the school session

It's very important that if your child has any of these symptoms, please call the Immunisation Team on 01494 323000 before 8:45 am on the vaccination day.

Also, please send a letter with your child to school for the Immunisation Team on that day.

Changing Consent/ or Vaccination given at GP Practice after Consent Form submitted –

If you submit a Consent Form and then change your mind

or

you submit a Consent Form and then your child has their vaccination at the GP Practice before the school session

Please email bht.bucksimmsconsentwithdrawal@nhs.net at least 48 hours before the session.

Translated Flu Leaflet- The Flu leaflet is also available in the following languages:

[English](#), [Albanian](#), [Arabic](#), [Bengali](#), [Bulgarian](#), [Chinese \(simplified\)](#), [Chinese \(traditional\)](#), [Cantonese](#), [Estonian](#), [Farsi](#), [French](#), [Greek](#), [Gujarati](#), [Hindi](#), [Latvian](#), [Lithuanian](#), [Punjabi](#), [Pashto](#), [Polish](#), [Portuguese](#), [Romanian](#), [Romany](#), [Russian](#), [Somali](#), [Spanish](#), [Tagalog](#), [Turkish](#), [Twi](#), [Ukrainian](#), [Urdu](#) and [Yiddish](#).

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Links

[Protect your child against flu – information for parents and carers of children in primary school or pre-school - GOV.UK](#)

<http://www.buckshealthcare.nhs.uk/School-nursing/immunisations.htm>

[Home | Vaccine Knowledge Project \(ox.ac.uk\)](#)

*By providing a valid email address you will receive an automatic email confirming that you have completed the Consent Form. You will receive a further email following the vaccination session confirming and providing information regarding the vaccination that has been given or providing a reason why we may not have vaccinated your child eg if unwell or absent. These emails will be from school.immunisations@nhs.net and may go direct to your Junk folder.

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