



Aylesbury High School | #AHSWalksTall

Developing uniquely talented young adults, who are independent, strong and confident

16 April 2026

Y7-9 READING - CHOICE OF TEXTS & SOCIAL MEDIA TREND

Dear Parents / Carers,

This year we have put significant emphasis on encouraging reading in line with our reading strategy and the National Year of Reading taking place during 2026. Our key aim is to promote reading for pleasure and it has been fantastic to see the impact this has had on students exploring new genres and getting into reading both inside and outside of school hours.

In the school library, books are restricted based on content to ensure students can only access appropriate reading material for their year groups. As this can vary depending on the individual student, it may differ from what you deem acceptable at home and we encourage parents and carers to use their discretion when monitoring what books your child has access to.

We have been made aware that there is a current social media trend promoting titles which may not be suitable for all age groups, such as *Enemies to Lovers* by Alisha Rai or *Forced Proximity* by Dana Hawkins which we would generally recommend for 18+ due to the adult content.

You can find a wide range of age appropriate book recommendations on the [BookTrust](#) website which will also give you a likely interest and reading ability age. For further guidance, speak to staff in your local public library for guidance or contact the school library at library@ahs.bucks.sch.uk.

We will speak to students at school about their reading choices and whether it is appropriate to share with their peers. If you have any concerns regarding books that have been shared among students, please do let us know.

Yours faithfully

Sarah Watt

Librarian & Reading Champion