



16 December 2025

Dear Parents / Carers

I would like to take this opportunity to thank you for your continued support with our PE kit expectations. We appreciate the efforts you have made to ensure that students are arriving to lessons with piercings removed, helping us maintain a safe environment for all physical education activities.

As we approach the Christmas break, I would like to politely remind families that we do not expect any new piercings for students in Years 7–11 during the holiday period. As outlined previously, any new piercings require a significant healing time during which the jewellery cannot be removed. This creates a risk during practical PE lessons, and therefore does not comply with our health and safety policy, in line with HSE guidance from AfPE.

From the start of the new term, any student who is unable to remove jewellery for PE will be issued a B3 for 'not following uniform expectations', as per our school behaviour policy. Students will still be expected to change into their PE kit and will complete a theory-based task if they cannot safely participate in the lesson.

Thank you once again for your cooperation and support—it is greatly appreciated. By working together, we can ensure that all students are able to enjoy PE safely and successfully.

Yours sincerely,

Mrs Sole-Bradley

Director of Sport

