



Aylesbury High School | #AHSWalksTall

Developing uniquely talented young adults, who are independent, strong and confident

22 May 2025

Dear Parent/Carer

A correctly worn uniform encourages a sense of pride and unity and promotes equality and cohesion, as well as setting a suitable tone for learning. As we approach half term, we'd be grateful if you could take a moment to check your daughter's uniform complies with our policy, as we will be making this a focus after half term and students who receive more than 3 uniform marks will go onto a uniform report.

Thank you for your support in working with us to raise our uniform standards. Please see a few key reminders below and an important announcement from the PE department:

| | |
|------------------------|---|
| Blazer | Students must wear these into school. If it is hot in a classroom, staff will give permission for students to remove them. If the weather becomes particularly hot in the summer term, Mrs Forster will give permission for blazers to be left at home for a set period. |
| Skirt | Year 7 can only wear the navy branded pleated skirt. Other students can continue to wear non branded skirts if they prefer. These must be tailored and can be pleated or straight, but must not be stretchy, and no shorter than 5 cm above the knee and must not be rolled at the waist. |
| Trousers | Navy trousers can be worn instead of a skirt. They must also be tailored, and not close fitting. Leggings are not allowed, even under skirts - wear thick tights instead. |
| Shirt | A long or short sleeve open 'revere' neck white blouse. These can be worn untucked when jumpers are not worn. |
| Jumper | A navy blue V-neck, close knit jumper with no patterns, stripes or logos. Sweatshirts/hoodies may not be worn. The jumper must be worn under, not instead of, the blazer. |
| Tights or socks | Tights must be plain and either navy, black or flesh-coloured. Socks should be plain black, navy or white, without visible logos. |
| Shoes | Must be leather or plant based leather (not canvas or fabric) and of a single colour (either black or navy) with separate heel no higher than 5 cms. Trainers, narrow heels or extreme styles (such as platform soles) are not permitted. As boots are not permitted, the shoe should extend no higher than the ankle bone. |
| Hair, make | Hair accessories should be unobtrusive, plain and in neutral or AHS colours (blue, |

| | |
|--------------|---|
| up and nails | white or grey). Unnatural hair colouring is not allowed. Braids should also be of natural colours and any beads used should be plain wooden or in school colours. Students are not permitted to wear make-up at all in Years 7 to 9; discreet make-up in natural shades is accepted in Years 10 and 11 as a privilege . False eyelashes, eyebrow slits, nail polish and false nails are not allowed. If students colour their hair in an unnatural shade or get nail extensions, we will ask you to make an appointment to get these rectified within 24 hours, which will obviously cause parents additional expense and inconvenience. If this cannot be arranged the student will need to be educated outside of lessons until the issue is addressed. |
| Jewellery | Necklaces, rings and bracelets are not allowed apart from: a small religious symbol on a necklace which must not be visible, or a Kara (Sikhi) and religious threads tied in Hindu and Buddhist traditions. Ear and nose piercings are allowed, but only small, round, plain studs in the earlobe or side of the nostril. Septum piercings are not allowed. Studs must be gold, silver or glass, not coloured. Rings are not allowed. Jewellery must be removed for PE and we suggest that students do not wear these on days they have PE lessons. |

* In line with updated health and safety guidelines, from September 2025 onwards, students will no longer be permitted to wear earrings during PE, even if they are covered with tape. This change is necessary to reduce the risk of injury during physical activity and ensure a safe environment for all students.

- Students must remove all earrings before participating in PE lessons.
- Earrings must not be taped over under any circumstances.
- Students unable to remove earrings due to recent piercings must provide their PE teacher or Head of Year with evidence of the piercing date and a proposed date for removal. During this period, they may take part in non-contact, skill-based activities only, and will not be involved in competitive or physical elements of the lesson.
- Once the healing period has ended, students must remove earrings for every PE lesson. Failure to do so will be considered defiance, and appropriate sanctions will apply in line with the school's behaviour policy.
- We recommend students with new piercings plan accordingly, avoiding new piercings during term time if possible. The start of the summer holidays is an ideal time to ensure that ears have healed before the new term.

This applies to all PE lessons, sports fixtures and extra-curricular activities.

Please note that teachers cannot be held responsible for the safekeeping of earrings or other valuables so we suggest that earrings are not worn at all on days that students have PE.

We appreciate your support in helping us maintain a safe and inclusive learning environment. Should you have any queries regarding this update, please do not hesitate to contact the PE department or Mrs Queralt.

Kind regards

Mrs Queralt
Deputy Headteacher

Mrs Sole- Bradley
Director of Sport