

AUTUMN TERM



AYLESBURY HIGH SCHOOL

PE CLUBS BOOKLET 2026

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STUDENT CONC

AUTUMN TERM 2026

- Aqua Club
- Badminton
- Basketball
- Commercial Dance
- Football
- Handball
- Hockey
- Move Well
- Netball
- Rugby
- Squash
- Tennis
- Trampolining
- Volleyball/Kinball
- VX

AQUA CLUB

VENUE

AGS Swimming Pool (meet at Turnfurlong gate)

TRAINING TIMES

Thursday 3:30 - 4:45pm

OPEN TO

Year 7

FURTHER INFORMATION

This after school club is for Year 7 students who may want to improve their swimming skills, fitness or try a range of new aquatic activities. All abilities welcome. The club is led by Year 10 & 11 Trained ASA Aquatic Leaders, with qualified AHS PE/Swimming staff and Lifeguards on poolside.

AHS Swimming Teams:

We take part in the Wycombe Swimming League with a number of galas at Wycombe Abbey School. Club Swimmers register interest with Mrs Carey (ideally have current 50M times available!)

HOW TO JOIN/KIT REQUIRED

Refer to letter that was sent out with details on how to sign up. Bring a swimming kit (costume, towel, goggles and water). A Swim AHS cap will be provided.

Please note clubs run by external providers are set up on a minimum commitment basis, therefore any fees paid are non refundable

STAFF CONTACT

Mrs Carey

acarey@ahs.bucks.sch.uk

BADMINTON

VENUE

Sports Hall

TRAINING TIMES

KS4 Monday 1:45-2:20

KS3 Wednesday 1:45-2:20

Team Badminton Wednesday 3.45-5.00

FURTHER INFORMATION

All abilities are welcome to come and practise their skills and play games.

Teams are entered into the Victor Cup & National Schools competitions.

Attendance at the clubs are expected from team members.

HOW TO JOIN/KIT REQUIRED

Turn up at the Sports Hall & add your name to the register. Wear AHS PE kit.

STAFF CONTACT

Mrs Templeton

ztempleton@ahs.bucks.sch.uk

BASKETBALL

VENUE

Sports Hall

TRAINING TIMES

Friday 1:45-2:20

FURTHER INFORMATION

All students are welcome at the training sessions.
Teams will have the opportunity to play local fixtures

HOW TO JOIN/KIT REQUIRED

Turn up at the Sports Hall & add your name to the register. Wear AHS PE kit.

STAFF CONTACT

Mrs Templeton
ztempleton@ahs.bucks.sch.uk

COMMERCIAL DANCE

VENUE

Harding Hall

TRAINING TIMES

Tuesday 3:30 - 5pm

OPEN TO

All year groups

FURTHER INFORMATION

The commercial dance sessions will be led by former AHS student and Dance teacher Jo Odro. You need no previous dance experience to come along and try this fun and energetic dance style!

HOW TO JOIN/KIT REQUIRED

Respond to the letter sent out each term

Please note clubs run by external providers are set up on a minimum commitment basis, therefore any fees paid are non refundable

STAFF CONTACT

Miss Emery

cemery@ahs.bucks.sch.uk

FOOTBALL

VENUE

Field

TRAINING TIMES

Year 11/ 12/13 Wednesday 1.40-2.15

Year 7-10 Friday 3:45 - 4:40pm

FURTHER INFORMATION

Students from all year groups welcome.

County cup teams run for U13, U15 and U16.

HOW TO JOIN/KIT REQUIRED

Turn up on the Field & add your name to the register. Wear AHS PE kit. Bring boots and shin pads.

STAFF CONTACT

Mr Baird

ebaird@ahs.bucks.sch.uk

HANDBALL

VENUE

Sports Hall

TRAINING TIMES

Thursday 1:45 - 2:20pm

OPEN TO

Y7-10

FURTHER INFORMATION

Training for U13 and U15 squad only.
We enter teams into the local,
regional and National Handball
competitions.

Sessions are run by a coach from
England Handball.

HOW TO JOIN/KIT REQUIRED

Turn up at the Sports Hall & add
your name to the register. Wear AHS
PE kit.

STAFF CONTACT

Mrs Sole-Bradley
csolebradley@ahs.bucks.sch.uk

KEY WE K C O I

VENUE

AHS Netball Courts

TRAINING TIMES

KS3 Hockey Tuesday 3.45-5.00

KS4 & 5 Indoor Hockey Friday 1.45-2.20

FURTHER INFORMATION

Attendance at training is necessary for selection at fixtures. Training is open to all levels of ability. No prior experience necessary.

Y7-9 play in the county league, they also enter all county and district tournament and have friendlies against local teams.

Y10-13 play friendlies against local teams and enter all county and district tournaments.

HOW TO JOIN/KIT REQUIRED

You will need to wear your AHS PE kit. Gum shields and shin pads are compulsory Sticks can be borrowed from school or bring your own.

STAFF CONTACT

Mrs Sole Bradley
csolebradley@ahs.bucks.sch.uk

LET ME MOVE



VENUE

Gym

TRAINING TIMES

Tuesday 1:40 - 2:20pm

OPEN TO

All years

FURTHER INFORMATION

Come along to experience a variety of activities to help our mental and physical health, building resilience as we go. This club is a safe space to build resilience, equipping you with strategies to help you to be the best version of yourself. Be ready to have fun and to talk to new people whilst being physically active. Let's make every day a better day!

HOW TO JOIN/KIT REQUIRED

Turn up at the Gym & add your name to the register. Wear AHS PE kit.

STAFF CONTACT

Mrs Carey
acarey@ahs.bucks.sch.uk

NETBALL

VENUE

Courts

TRAINING TIMES

Year 7/8/9 Netball Training
Thursdays 3.45-4.45

Year 10/11 Netball Training
Monday 3.45-4.45

Year 12/13 Netball Training
Wednesdays 1:45-2:20

FURTHER INFORMATION

All teams are entered in the Aylesbury Netball League and will play fixtures against other schools from Sept-March ending in an end of season tournament. Years 7-10 have two teams and Year 11 and Seniors have one.

STAFF CONTACT

Y7/8 Mrs Duggan
hduggan@ahs.bucks.sch.uk

Y9 Mrs Hunter
khunter@ahs.bucks.sch.uk

Y10/11/12/13 Mrs Carpenter
kcarpenter@ahs.bucks.sch.uk

KEY B G U R

VENUE

Field

TRAINING TIMES

Tuesday 3.40-5.00

OPEN TO

All years

FURTHER INFORMATION

Come along and gain an understanding of Rugby. We will look at the laws of the game, passing, the tackle technique and rucking - all in an inclusive and welcoming environment. Opportunities available for some game play at Aylesbury Rugby Club.

HOW TO JOIN/KIT REQUIRED

Turn up at the Sports Hall & add your name to the register. Wear AHS PE kit. Gum shields and boots compulsory.

STAFF CONTACT

Mrs Rogers
zrogers@ahs.bucks.sch.uk

HSAs AGS DCWS

VENUE

AGS Squash Courts

TRAINING TIMES

Tuesday 3:40 - 5pm

OPEN TO

Years 7 - 11

FURTHER INFORMATION

All students are welcome and all sessions are run by Darren Withey. See website www.darrenwithey.co.uk for further info. Teams run for Years 7-13. Friendly matches for development teams. National Schools & Bucks Junior League fixtures for elite players.

HOW TO JOIN/KIT REQUIRED

Payment in full at start of term by cheque or via BACs to
D Withey Sort Code: 110015 Acc No:
00005286

Turn up at AGS Squash Courts & add your name to the register. You may wear your own kit or AHS PE kit. Rackets & Eyewear supplied but you MUST bring indoor non-marking shoes.

Please note clubs run by external providers are set up on a minimum commitment basis, therefore any fees paid are non refundable

STAFF CONTACT

Darren Withey
dwithey@ags.bucks.sch.uk /
dcwsquash@gmail.com

S N N E T

VENUE

Sports Hall

TRAINING TIMES

Friday 1:40 - 2:20pm

OPEN TO

Years 7 - 10

FURTHER INFORMATION

Summer Term - "Outdoor Tennis" - These sessions will be held outdoors on the School Tennis Courts. In the event of bad weather we will move into the Sports Hall for some more "Touch Tennis". The school will provide rackets but students are welcome to bring their own rackets if they prefer.

Tennis fixtures

These will run throughout the Summer Term at **AHS**, with opportunities to play in friendly and league games.

HOW TO JOIN/KIT REQUIRED

All equipment will be provided however students are welcome to bring their own rackets if they would like. Please sign up via Everyball tennis website.
<https://everyballtennis.uk>

Please note clubs run by external providers are set up on a minimum commitment basis, therefore any fees paid are non refundable

STAFF CONTACT

Mrs Sole-Bradley

csolebradley@ahs.bucks.sch.uk

TRAMPOLINING

VENUE

Gym

TRAINING TIMES

Monday 3:30 - 4:30pm

Monday 4:30 - 5:30pm

Tuesday 3:30 - 4:30pm

Tuesday 4:30 - 5:30pm

OPEN TO

All Years

FURTHER INFORMATION

Limited places - must be pre-booked by contacting Tracy Smees. Available to all year groups and students of mixed abilities. Useful for D of E.

HOW TO JOIN/KIT REQUIRED

All trampolining sessions are payable and run half-termly. Book directly with Tracy Smees on the telephone number below.

Please note clubs run by external providers are set up on a minimum commitment basis, therefore any fees paid are non refundable

STAFF CONTACT

Tracy Smees 07956154949

VOLLEYBALL! KINBALL

VENUE
Sports Hall

TRAINING TIMES
Tuesday 1.45-2.20

OPEN TO
Year 7-11

FURTHER INFORMATION

This is a come and play club. Have fun and learn volleyball skills!

HOW TO JOIN/KIT REQUIRED

Turn up at the Sports Hall & add your name to the register. Wear AHS PE kit.

STAFF CONTACT

Mrs Carpenter
kcarpenter@ahs.bucks.sch.uk



VENUE

Sports Hall

TRAINING TIMES

Monday 13.45-14.20

OPEN TO

All Years

FURTHER INFORMATION

Come along and play VX - all abilities welcome.

HOW TO JOIN/KIT REQUIRED

Turn up at the Sports hall & add your name to the register. Wear AHS PE kit.

STAFF CONTACT

Mrs Sole-Bradley
csolebradley@ahs.bucks.sch.uk