



ALLERGY and ANAPHYLAXIS

Status	Statutory	Date created	February 2026
Any other statutory names for this policy (where applicable)		Date first approved	February 2026
Responsibility for this policy	CFOO	Date last reviewed	
Governors' Committee with responsibility for its review	FGB	Frequency of review	Annually
		To be put on the school website? (Yes/No)	Yes (from Sept 2026)
Approval necessary	Whole Governing Body		

Introduction

Aylesbury High School (AHS) recognises that allergies are a serious medical condition. In compliance with **Benedict's Law**, we adopt a whole-school approach to allergy management to ensure the safety, inclusion, and wellbeing of all students, staff, and visitors.

Statutory Requirements & Roles

- **Designated Allergy Lead:** AHS has appointed a Senior Leadership Team (SLT) member as the Allergy Lead to oversee risk assessments, audit training, and ensure all healthcare plans are up-to-date.
- **Designated Allergy Governor:** AHS has appointed a Designated Allergy Governor who is responsible (working alongside the Designated Allergy Lead) for Strategic Oversight, Accountability, Audit and Review and Compliance
- **Individual Healthcare Plans (IHPs):** Every student with a known allergy must have a personalised IHP and a BSACI Allergy Action Plan.
- **Mandatory Staff Training:** All staff (teaching and non-teaching) will receive annual, accredited training on recognising anaphylaxis symptoms and the correct use of Adrenaline Auto-Injectors (AAls).

Emergency Medication (AAls)

- **Student-Carried Devices:** Students are expected to carry two prescribed AAls at all times.
- **Mandatory Spare AAls:** In accordance with Benedict's Law, the school will purchase and store spare, non-prescribed AAls in a central, unlocked location (e.g., Medical Room) for use in emergencies if a student's own device fails or is unavailable.

- **Emergency Protocol:** In the event of a reaction, staff will follow the "ABC" emergency steps to identify the signs
 - **A - AIRWAY:** Swelling of tongue/throat, difficulty swallowing, hoarse voice.
 - **B - BREATHING:** Difficult or noisy breathing, wheezing, persistent cough.
 - **C - CIRCULATION:** Dizziness, feeling faint, pale/clammy skin, collapse.

and call **999** immediately, stating "**Anaphylaxis**".

Risk Reduction & Inclusion

- **Catering:** All food served must comply with Natasha's Law, with full ingredient labelling for pre-packaged items.
- **School Trips:** A dedicated risk assessment must be completed for every off-site activity involving students with allergies, ensuring a trained staff member and emergency medication are present.
- **Safe Culture:** We maintain a "nut-free" environment and strictly prohibit any form of "allergy bullying".

Incident Reporting & Review (Benedict's Law Mandate)

- **Recording:** All allergic reactions, however minor, and all "near misses" (e.g., a student almost consuming an allergen) must be formally recorded using the [Accident or Near Miss Form](#).
- **IHP Updates:** Any incident must be logged in the student's IHP and reviewed with parents/carers.
- **Systemic Review:** The Designated Allergy Lead will review all logs termly to identify patterns, update risk assessments, and improve school-wide safety procedures.

Communication

This policy is published on the school website and shared with all parents annually. New staff will receive a briefing on this policy as part of their induction.